

RAAA COVID-19 Safety Policies and Procedures

General Guidelines (Updated 11/11/2020)

- Only named players and coaches are allowed on the court and in the designated bench areas
- Any player or coach with a fever or generally not feeling well is not allowed to participate in practices or games. If the player or coach is exhibiting any of the following symptoms (Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting or Diarrhea), please keep your athlete at home
- Pre and post-game handshakes and other physical contact is not allowed
- In-game contact should be kept to a minimum
- Players and coaches should maintain a 6 foot distance while on the bench and during non-game play situations
- Each team will have a designated coach responsible for disinfecting equipment and bench areas
- Bench areas will be sanitized prior to and after use
- Shared equipment must be disinfected prior to wearing or using
- Each player must have their own individual water bottle clearly labeled with their name
- Team treats, snacks, drinks are not allowed
- All player bags and equipment must be kept 6 feet away from other bags and equipment
- Each program will have a designated COVID-19 Coordinator responsible for handling team sanitizing supply refill requests
- Face masks are required for all spectators
- Face masks are required for all players and coaches when entering the facility. Player can remove their masks when they are warming up on the court or playing. When they are on, they are not playing the need to wear a mask. Coaches need to keep their masks on at all times.
 - Please visit link below if you have any questions about which symptoms would disqualify an athlete or coach from attending practice:
 - <https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>

Indoor Facility Guidelines for Athletes and Coaches

- By entering this facility, each athlete and coach declares that they do not have the following symptoms: Fever, cold, fatigue, headache, sore throat, runny nose, cough, shortness of breath, body aches, loss of taste and smell, nausea, diarrhea.
- Mask mandate – The State of Minnesota requires everyone to wear a mask when inside buildings.
 - According to the state guidelines, face coverings can be removed when participating in organized sports where the level of exertion makes wearing a face covering difficult.
 - Masks can be removed by players when playing in a game or warming up on the court.
- Please wait in car until 5 minutes prior to practice time – no early admission to practice or competition.
- Athletes are expected to maintain social distancing (more than 6 ft.) when possible (e.g., in-between drills, on sidelines, while taking a knee).

Games, scrimmages, and practices (indoor)

- For youth and adult organized sport practices or training (non-game activities), pod sizes cannot exceed 25 people per pod, either inside or outside. Pod count is composed of players and coaches.
- No spectators are allowed at practices - players and coaches only.
 - For programs involving youth age 8 or younger, one parent is allowed to enter the facility to drop off their child, but cannot stay for practice.
- Games (played indoors or outdoors) can have the total number of players, coaches, referees, umpires, etc. as needed
- Coaches, players, and spectators must exit immediately following practices or games.
- For tournaments or competition, the number of socially distanced spectators allowed are as follows:
 - Spectators capacity allowed into a facility will at the discretion of each individual facility. Some facilities might not allow any spectators.
 - Strongly recommend no siblings, grandparents, or friends.
 - Spectators cannot enter building until game time.
 - Must maintain 6 ft of social distance from other spectators (that don't live in same household).
 - Must stay in designated spectator area.

Reporting

- Program Director is notified of positive case or exposure.
 - Program Director notifies MDH via health.sports.covid19.@state.mn.us

- The required 10-day quarantine starts from time symptoms started until symptoms improved AND no fever for 24 hours (without fever reducing medications).
- MDH determines dates, identifies anyone that may have been exposed, and collects contact information for those individuals.
- Program Director notifies RAAA President and the respective liaison of reported case.
- Program Director sends email to team(s) notifying them of positive case/exposure.
- After MDH completes its process, Program Director sends follow up email with quarantine dates (if applicable).
- Any additional guidance required will be made in conjunction with the MDH and the RAAA Board.

Non-compliance

- Failure to follow RAAA guidance may result in consequences, up to and including removal from a team without a refund.