

3. Team Formation & Composition

Rosemount Youth Lacrosse's governing associations have very strict team composition guidelines. Some require a formal evaluation process to determine team strength.

- **YLM Team Composition**

3/4 - If an association has multiple teams at the 3/4 level, teams must be divided equally.

5/6 A or B – If an association has THREE or more teams at the 5/6 level, one must be an A team. Associations with two teams may choose to have two B teams, or one A team and one B team. Associations with one 5/6 team may choose to have an A or a B team.

7/8 A & B - If an association has TWO or more teams at the 7/8 level, one must be an A team. Associations with one 7/8 team may choose to have an A or a B team.

- **MBSLA Team Composition**

7/8 – Teams may play at an A or B level, but is not required. If an association has multiple teams at one level, they must be divided equally.

9/10 – If an association has multiple teams at the 9/10 level, teams must be divided equally.

- **MSSLAX Team Composition**

3/4, 5/6, and 7/8 – If an association has multiple teams at any level, teams must be divided equally.

- **Dakota Lacrosse (Spring Indoor) Team Composition Guidelines**

No team composition guidelines exist